

What type of discipling is IDM?

Intensive Discipleship Ministry at HPBC is based on principles found in God's Word.

Bible based *discipling* differs greatly from other popular or secular counseling. Its paramount goal is to search God's Word for the principles and methods He has already provided. Its premise is that God's instruction is always needed immediately, consistently, and without contradiction in the discipling process.

Intensive Discipleship acknowledges that people may become confused, ill-adjusted, defeated, and hopeless relative to the issues of life. This may result from a crisis situation, the sin of others, lack of Biblical understanding, their own personal sin, and/or, sometimes, an organic (medically proven) illness.

John 17:17; Romans 8:28-29; 12:1-2; Ephesians 4:17- 5:20.

What is the goal of Intensive Discipleship?

Intensive Discipleship has as its primary goal to help a person or family become "God's kind of person." The goal is not necessarily to make the person feel better or simply to remove the problem. This will hopefully take place, but the goal is bigger than that.

The goal is to come along side a person who is struggling and seek to apply the principles in God's Word in such a way that the person responds in an obedient and godly manner to the problems they are facing.

"So we make it our goal to please Him, whether we are at home in the body or away from it." 2 Corinthians 5:9.

What is foundational to IDM?

We believe that Bible-centered, gifted men and women who know how to apply Biblical truth to specific life issues can effectively disciple others.

"I am satisfied that you yourselves are rich in goodness, filled with all spiritual knowledge and competent to admonish and counsel and instruct one another also." Romans 15:14

What are the tools used in the process?

Intensive Discipleship utilizes: thorough data gathering, health considerations, Biblical instruction with application, independent Bible study and application, accountability with and help from other Believers in the church, prayer, and practical homework.

What makes IDM effective?

Intensive Discipleship relies upon: the power of the principles that God has provided in His Word, the work of the Holy Spirit, the faithfulness of God to answer prayer, the mutual encouragement and exhortation of the Body of Christ, and the disciplined effort of the disciplee.

Hebrews 4:12; Psalm 19; Philippians 2:13; Matthew 7:7-12; James 5:17-18; Hebrews 10:24-25; and I Timothy 4:7.

What training has been provided?

All of our disciplers are participating in formalized training in Biblical discipling and some are in the process of being certified through the Association of Certified Biblical Counselors.

We are continually training others to be effective disciplers.

In fact, part of the training includes the opportunity to observe another discipler in actual discipling sessions.

With this ministry model we will ask you to agree to allow a person or couple in training to sit in on your discipling sessions. This is solely for the purpose of prayer, training and observation.

What is expected of the disciplee?

The disciplee must be willing to:

- Sign the Consent to Intensive Discipleship Ministry (IDM) form provided in the initial forms that are sent.
- Agree to place yourself under the authority of the Elders of HPBC.
- Agree to the presence of counselors in training during your sessions.
- Regularly attend a Sunday service at HPBC and an HPBC sponsored small group or ABF during the week.
- Complete assigned homework prior to the IDM appointment - this may include reading, listening to CDs, worksheets, Scripture memory and devotions.
- The disciplee is expected to arrive on time for each appointment or call ahead to reschedule when necessary.

Who can make an appointment?

First priority will be given to members of HPBC who desire Intensive Discipleship training.

Second priority will be given to people who are regular attendees of HPBC.

Finally, as openings are available, people from the community or other churches other than HPBC will be considered.

All disciples are to attend an HPBC worship service on Sunday and a HPBC small group or ABF during the week.

These two additional means of grace will be of great benefit toward changing and growing during the period of discipleship.

How can an appointment be made?

Inquiries can be made by calling the church office at 248-357-5464, ext. 272.

Forms for involvement in the IDM ministry will be sent to you and will need to be completed and returned to the church office prior to the initial appointment.

Once the forms are received, a discipler will contact you to set up the initial session. At this session, the discipler will explain the process in further detail.

How often will appointments be scheduled?

Disciplers will meet with a disciplee once a week to allow the disciplee adequate time to complete the homework assignments.

What will be the length of each session?

IDM sessions are typically 60 - 75 minutes.

How long does the IDM process usually last?

Typically the discipler and disciplee will meet for 10 to 12 sessions spread out over a period of several months.

What is the cost?

There is no cost for the Intensive Discipleship Ministry, but each disciplee is expected to pay a nominal fee for any materials such as booklets and CD's.



HighlandPark
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www.highlandparkbaptist.com
248-357-5464, ext. 272

Office Hours
Monday-Thursday 9:00-4:00
Friday 9:00-12:00noon

